# AUDREY HANG HAI, Ph.D., MSW, LMSW

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### **ACADEMIC POSITION**

July 2021- Tulane University, School of Social Work

Present Tenure-Track Assistant Professor

April 2020- Boston University, Center for Innovation in Social Work and Health

June 2021 Postdoctoral Research Fellow

### **EDUCATION**

June 2020- Present	Enhanced Interdisciplinary Research Training Institute on Hispanic Drug Abuse (NIH  NIDA, NIAAA R25 DA026401) Selected Research Training Fellow
2020	The University of Texas at Austin, Steve Hicks School of Social Work  Doctor of Philosophy in Social Work
2020	The University of Texas at Austin, Department of Statistics & Data Science Graduate Portfolio in Applied Statistical Modeling
2014	University of Southern California, Suzanne Dworak-Peck School of Social Work Master of Social Work - Concentrations: Mental Health, School Settings California Pupil Personnel Services Credential
2012	Communication University of China, Beijing, China Bachelor of Management in Information Management Bachelor of Science in Journalism

### **LICENSURE**

LMSW, Louisiana #16701

#### **PUBLICATIONS**

### Articles in Peer-Reviewed Journals (Published or Forthcoming)

- [30] **Hai, A. H.,** Oh, S., Lee, C. S., Kelly, J., Vaughn, M.G., & Salas-Wright, C. P. (accepted). Mutual-help group participation for substance use problems in the US: Correlates and Trends from 2002-2018. *Addictive Behaviors*. (*IF*: 3.65)
- [29] Dell, N., Prasad, S., Vaughn, M. G., **Hai, A. H.,** & Salas-Wright, C. P. (accepted). Binge drinking in early adulthood: A machine learning approach. *Addictive Behaviors. (IF: 3.65)*
- [28] Cho, Y. J., **Hai, A. H.,** & Jang, Y. (accepted). Life stressors, social capital, and mental distress in older Asian Americans. *Journal of Ethnic & Cultural Diversity in Social Work*.
- [27] **Hai, A. H.,** Wigmore, B., Franklin, C., Shorkey, C., von Sternberg, K., Cole, A. H., & DiNitto, D. (accepted). Who benefits from Two Way Prayer Meditation? Treatment effect moderators in a pilot randomized controlled trial of a spiritual intervention for people with substance use disorders. *Substance Abuse*. (*IF*: 2.65)
- [26] Salas-Wright, C.P., Hodges, J.C., **Hai, A.H.**, Alsolami, A., & Vaughn, M.G. (2021). Toward a typology of hallucinogen users in the United States. *Drug and Alcohol Dependence*, 229. https://doi.org/10.1016/j.drugalcdep.2021.109139 (*IF 4.22*)
- [25] Hai, A. H., Lee, C. S., John, R. S., Vaughn, M. G., Bo, A., Lai, P. H. L., & Salas-Wright, C. P. (2021). Debunking the myth of low behavioral risk among Asian Americans: The case of alcohol use. *Drug and Alcohol Dependence*, 228. https://doi.org/10.1016/j.drugalcdep.2021.109059 (*IF* 4.22)
- [24] **Hai, A. H.,** Lee, C. S., Abbas, B., Bo, A., Morgan, H., & Delva, J. (2021). Culturally adapted evidence-based treatments for adults with substance use problems: A systematic review and meta-analysis. *Drug and Alcohol Dependence*, 226, 108856. <a href="https://doi.org/10.1016/j.drugalcdep.2021.108856">https://doi.org/10.1016/j.drugalcdep.2021.108856</a> (*IF 4.22*)
- [23] Salas-Wright, C. P., Cano, M., **Hai, A. H.,** Cano, M., Oh, S., Piñeros-Leaño, M., & Vaughn, M. G. (2021). Alcohol abstention and binge drinking: The intersections of language and gender among Hispanic adults in a national sample, 2002-2018. *Social Psychiatry and Psychiatric Epidemiology*. https://doi.org/10.1007/s00127-021-02154-1 (IF: 4.33)
- [22] Bo, A., **Hai, A. H.**, Chen, D. G., & Hammock, K. (2021). Risk of bias assessments in systematic reviews and meta-analyses of behavioral interventions for substance use outcomes. *Journal of Clinical Epidemiology*. *139*, 20-27. https://doi.org/10.1016/j.jclinepi.2021.06.012 (*IF 4.95*)

- [21] **Hai, A. H.,** Franklin, C., Cole, A., Panisch, L., Yan, Y., & Jones, K. (2021). Impact of MindUP on elementary school students with behavioral challenges: A single case design pilot study. *Children and Youth Services Review. 125*, 105981. (*IF 1.52*)
- [20] Killion, B.A., **Hai, A. H.,** Vaughn, M. G. Alsolami, A., Oh, S., & Salas-Wright, C. P. (2021). LSD use in the United States: Trends, correlates, and a typology of use. *Drug and Alcohol Dependence*. (*IF 4.22*)
- [19] Salas-Wright, C. P., Cano, M., Hodges, J., Oh, S., **Hai, A. H.** & Vaughn, M. G. (2021). Driving while under the influence of hallucinogens: Prevalence, correlates, and risk profiles. *Drug and Alcohol Dependence*, 228. <a href="https://doi.org/10.1016/j.drugalcdep.2021.109055">https://doi.org/10.1016/j.drugalcdep.2021.109055</a> (*IF 4.22*)
- [18] **Hai, A. H.,** Lee, C. S., Oh, S., Vaughn, M.G., Piñeros-Leaño, M., Delva, J., & Salas-Wright, C. P. (2021). Trends and correlates of Internet support group participation for mental health problems in the United States, 2004-2018. *Journal of Psychiatric Research*, 132, 136-143. (*IF: 3.75*)
- [17] Salas-Wright, C. P., **Hai, A. H.,** Oh, S., Alsolami, A., & Vaughn, M. G. (2021). Trends in cannabis views and use among American adults: Intersections with alcohol consumption, 2002-2018. *Addictive Behaviors*. https://doi.org/10.1016/j.addbeh.2021.106818 (*IF: 3.65*)
- [16] Salas-Wright, C. P., Cano, M., **Hai, A. H.,** Oh, S., & Vaughn, M. G. (2021). Prevalence and correlates of driving under the influence of cannabis in the United States. *American Journal of Preventive Medicine*. (*IF: 4.42*)
- [15] **Hai, A. H.,** Wigmore, B., Franklin, C., Shorkey, C., von Sternberg, K., Cole, A. H., & DiNitto, D. (2020). Effectiveness of Two Way Prayer Meditation in improving the psychospiritual well-being of people with substance use disorders: A pilot randomized controlled trial. *Substance Abuse*. 1-17. DOI: 10.1080/08897077.2020.1865244 (*IF*: 2.65)
- [14] Franklin, C. & **Hai, A. H.** (2020). Solution-focused brief therapies for substance use problems: A scoping review. *Health and Social Work.* (*IF 1.65*)
- [13] Franklin C., Guz S., Zhang, A., Kim, J. S., Zheng, H., Hai, A. H., Cho, Y., & Shen, L. (2020). Solution-focused brief therapy for students in schools: A comparative meta-analysis of the English and Chinese literature. *Journal of the Society for Social Work and Research*. (IF: 1.51)
- [12] Wallace, L. B., **Hai, A. H.** & Franklin, C. (2020). An evaluation of Working on What Works (WOWW): A solution focused intervention for schools. *Journal of Marital and Family Therapy*. doi: 10.1111/jmft.12424 (*IF 1.58*)

- [11] **Hai, A. H.**, Hammock, K., & Velasquez, M. M. (2019). The efficacy of technology-based interventions for alcohol and illicit drug use among women of childbearing age: A systematic review and meta-analysis. *Alcoholism: Clinical and Experimental Research*, *43*(12), 2464-2479. doi: 10.1111/acer.14203 (*IF 3.04*)
- [10] **Hai, A. H.,** Franklin, C., Park, S., DiNitto, D. M., & Aurelio, N. (2019). The efficacy of spiritual/religious interventions for substance use problems: A systematic review and meta-analysis of randomized controlled trials. *Drug and Alcohol Dependence*, 202, 134-148. doi:10.1016/j.drugalcdep.2019.04.045
- [9] **Hai, A. H.** (2019). Are there gender, racial, or religious denominational differences in religiosity's effect on alcohol use and binge drinking among youth in the U.S.? A propensity score weighting approach. *Substance Use & Misuse*, *54*, 1096-1105. doi:10.1080/10826084.2018.1555598

  (IF 1.38)
- [8] Pomeroy, E., **Hai, A. H.**, & Cole, A. H. (2019). Social work practitioners' educational needs in developing spiritual competency in end-of-life care and grief. *Journal of Social Work Education*. 1-23. doi: 10.1080/10437797.2019.1670306 (*IF 1.00*)
- [7] Zhang, A., Bornheimer, L., Weaver, A., Franklin, C., **Hai, A. H.,** Guz, S., & Shen, L. (2019). Cognitive behavioral therapy for primary care depression and anxiety: A secondary meta-analytic review using robust variance estimation in meta-regression. *Journal of Behavioral Medicine*. https://doi.org/10.1007/s10865-019-00046-z (*IF 2.87*)
- [6] Bo, A., Hai, A. H., & Jaccard, J. (2018). Parent-based interventions on adolescent alcohol use outcomes: A systematic review and meta-analysis. *Drug and Alcohol Dependence*, 191, 98–109. https://doi.org/10.1016/j.drugalcdep.2018.05.031 (IF 4.22) (The Best Research Paper Award by the Group for the Advancement for Doctoral Education in Social Work [GADE])
- [5] Zhang, A., Franklin, C., Jing, S., Bornheimer, L., **Hai, A. H.,** Himle, J., Kong, D., & Ji, Q. (2018). The effectiveness of four empirically supported psychotherapies for primary care depression and anxiety: A systematic review and meta-analysis. *Journal of Affective Disorders*, 245, 1168-1186. doi:10.1016/j.jad.2018.12.008 (*IF 4.08*)
- [4] Panisch, L. S., & **Hai, A. H.** (2018). The effectiveness of using neurofeedback in the treatment of post-traumatic stress disorder: A systematic review. *Trauma*, *Violence*, & *Abuse*. Advance online publication. https://doi.org/10.1177/1524838018781103 (*IF 6.09*)
- [3] Hernandez, M., Barrio, C., Gaona, L., Fernandez, P. H., **Hai, A. H.,** & Lim, C. (2018). Hope and schizophrenia within the Latino family context. *Community Mental Health Journal*, *55*, 42-50. https://doi.org/10.1007/s10597-018-0354-5 (*IF 1.46*)

- [2] **Hai, A. H.,** Currin-McCulloch, J., Franklin, C., & Cole, A. H. (2017). Spirituality/religiosity's influence on college students' adjustment to bereavement: A systematic review. *Death Studies*, 42, 513-520. https://doi.org/10.1080/07481187.2017.1390503 (*IF 1.20*)
- [1] **Hai, A. H.** (2017). Gender differences in the relationships among young adults' religiosity, risk perception, and marijuana use: A moderated mediation model. *Substance Use & Misuse*, *53*, 1377-1386. https://doi.org/10.1080/10826084.2017.1409242 (*IF 1.38*)

### **Book Chapters**

- **Hai, A. H.** & Bo, A. (accepted). Substance Use Prevention and Intervention. *The School Services Sourcebook*.
- Salas-Wright, C. P., Duque, M., Idriss, S., **Hai, A. H.**, & Schwartz, S. (accepted). Immigration and substance use. *Oxford Bibliographies in Social Work*.

### Manuscript Submitted for Publication

**Hai, A. H.,** Carey, K. B., Vaughn, M. G., Lee, C. S., Franklin, C., & Salas-Wright, C. P. (under review). Simultaneous alcohol and marijuana use among college students in the United States, 2006-2019.

### **WORK IN PROGRESS**

- **Hai, A. H.,** Lee, C. S., Zhou, C., & Delva, J. (in progress). Culturally adapted motivational interviewing's effects on drinking related to immigration and acculturation stress among Latina/o heavy drinkers: a pilot study.
- **Hai, A. H.,** Oh, S., Castaneda, E., Lopez-Quintero, C., Kelly, J., Lee, C. S., Vaughn, M.G., & Salas-Wright, C. P. (in progress). Mutual Self-Help Groups: Not a Monolith.
- **Hai, A. H.,** Bares, C., Chartier, K., Lee, C. S. (2021). The relationship between discrimination, resilience and alcohol use among Asian, Black, and Latina/o Americans during the COVID-19 pandemic.
- Lopez-Quintero, C., **Hai, A. H.,** Anthony, J. (in progress). Primary care alcohol screening and referral among Hispanic Americans.
- **Hai, A. H.,** Carey, K., Franklin, C., Vaughn, M.G., & Salas-Wright, C.P. (in progress). Increasing trend of simultaneous alcohol and marijuana use among Black/African American college students: a closer look.
- Hammock, K., **Hai, A. H.**, Salas-Wright, C. P., Oh, S., & Vaughn, M.G., (in progress). National trends and correlates of heroin use among age subgroups of women, 2002-2018.

- **Hai, A. H.,** Kim, I., Carey, K., & Bordnick, P. (in progress). Technology based substance use interventions for young adults and college students: A systematic review and meta-analysis.
- Bordnick, P., Hansel, T., Davies, S. ..& Hai, A. H., (in progress). Musician's survey.
- Lee, C. S., Zapolski, T., **Hai, A. H.**, & Khazvand, S. (in progress). Emotion suppression's effects on the relationship between racism and problem drinking among Black/African Americans.
- **Hai, A. H.,** Salas-Wright, C. P., Lee, C. S., & Vaughn, M.G. (in progress). Language proficiency as a protective and risk factor for substance use.
- Lee, C. S. & **Hai, A. H.** (in progress). Developing an immigration related stigma scale for Asian and Latina/o immigrants: A community based participatory approach.
- Nagendra, A., Lee, C. S., Zelaya, D. & Hai, A. H. (in progress). Structural racism through immigration related policy.

#### **PRESENTATIONS**

#### Peer-Reviewed Oral Paper Presentations

- **Hai, A. H.** (2021, November). Debunking the myth of low behavioral risk among Asian Americans: The case of alcohol use 2002-2018. Oral presentation at the 2021 American Medical Education and Research in Substance Abuse (AMERSA) Virtual Conference.
- Hai, A. H. (2021, January). Effectiveness of Two Way Prayer Meditation in improving the psychospiritual well-being of people with substance use disorders: A pilot randomized controlled trial. Oral paper presentation at the Virtual 2021 Society for Social Work Research Annual Conference.
- Hai, A. H. & Hammock, K. (2020, January). The efficacy of technology-based interventions for alcohol and illicit drug use among women of childbearing age: A systematic review and meta-analysis. Oral paper presentation at the 2020 Society for Social Work Research Annual Conference, Washington, DC.
- **Hai, A. H** (2019, February). The efficacy of spiritual/religious interventions for substance use: A systematic review and meta-analysis of randomized controlled trials. Oral paper presentation at the 2019 Texas Research Society on Alcoholism Conference, San Antonio, TX.
- **Hai, A. H.** (2019, January). Are there gender, racial, or religious denominational differences in religiosity's effect on alcohol use and binge drinking among youth in the U.S.? A propensity score weighting approach. Oral paper presentation at the 2019 Society for Social Work Research Annual Conference, San Francisco, CA.

- Pomeroy, E. & **Hai, A. H.** (2018, October). A survey of social work practitioners' educational needs in developing spiritual competency in grief and end-of-life care. Oral paper presentation at the 42nd Annual National Association of Social Workers Texas State Conference, Arlington, TX.
- **Hai, A. H.** (2018, February). Are there gender, racial, or religious denominational differences in religiosity's effect on alcohol use and binge drinking among youth in the U.S.? A propensity score weighting approach. Oral paper presentation at the 2018 Texas Research Society on Alcoholism Conference, Austin, TX.
- Pomeroy, E. & **Hai, A. H.** (2017, October). A survey of social work practitioners' educational needs in developing spiritual competency in grief and end-of-life care. Oral paper presentation at the 2017 Council on Social Work Education 63rd Annual Program Meeting, Dallas, TX.

### Peer-Reviewed Workshops & Symposiums

- **Hai, A. H.,** Bares, C., Chartier, K., Lee, C. S. (2022, January). The relationship between discrimination, resilience and alcohol use among Asian, Black, and Latina/o Americans during the COVID-19 pandemic. In "The Impact of the Pandemic on Substance Use/Misuse: Epidemiology, Risk Factors, & Consequences". Symposium at the 2022 Society for Social Work Research Annual Conference, Washington, DC.
- Cho, Y. J., **Hai, A. H.,** & Jang, Y. (2020, November). Life stressors, social capital, and mental distress in multi-ethnic groups of older Asian Americans. In "Understanding mental health, vulnerabilities, and coping in older Koreans and older Korean Americans." Symposium at the Gerontological Society of America (GSA) 2020 Annual Scientific Meeting Online.
- **Hai, A. H.,** Zhang, A., & Oh, S. (2019, January). Improving propensity score analysis using machine learning: A friendly introduction with R demonstration. Workshop at the 2019 Society for Social Work Research Annual Conference, San Francisco, CA.

#### **Peer-Reviewed Poster Presentations**

- Hai, A. H., Lee, C. S., Oh, S., Vaughn, M.G., Piñeros-Leaño, M., Delva, J., & Salas-Wright, C. P. (2022, January). Trends and correlates of Internet support group participation for mental health problems in the United States, 2004-2018. Poster presentation at the 2022 Society for Social Work Research Annual Conference, Washington, DC.
- Killion, B.A., **Hai, A. H.,** Vaughn, M. G. Alsolami, A., Oh, S., & Salas-Wright, C. P. (2022, January). LSD use in the United States: Trends, correlates, and a typology of use. Poster presentation at the 2022 Society for Social Work Research Annual Conference, Washington, DC.

- Salas-Wright, C.P., Hodges, J.C., **Hai, A.H.**, Alsolami, A., & Vaughn, M.G. (2022, January). Toward a typology of hallucinogen users in the United States. Poster presentation at the 2022 Society for Social Work Research Annual Conference, Washington, DC.
- Hai, A. H. (2021, September). Abstention and binge drinking: The intersections of language and gender among Hispanic adults in a national sample, 2002-2018. Poster presentation at the 2021 National Hispanic Science Network Conference. National Award of Excellence for Best Poster by a New Investigator (Social/Behavioral Science)
- **Hai, A. H.** & Lee, C. (2021, June). Culturally adapted evidence-based treatments for adults with substance use problems: A systematic review and meta-analysis. Poster presentation at the Virtual 2021 Research Society on Alcoholism Conference.
- **Hai, A. H.** (2021, January). Solution-focused brief therapies for substance use problems: A scoping review. Poster presentation at the Virtual 2021 Society for Social Work Research Annual Conference.
- **Hai, A. H.** (2020, October). Efficacy of Two Way Prayer Meditation in improving the psychospiritual well-being of people with substance use disorders: A pilot randomized controlled trial. Poster presentation at the 2020 American Medical Education and Research in Substance Abuse (AMERSA) Virtual Conference.
- **Hai, A. H.** (2020, October). Who benefits from Two Way Prayer Meditation? Treatment effect moderators in a pilot randomized controlled trial of a spiritual intervention for people with substance use disorders. Poster presentation at the 2020 National Hispanic Science Network Virtual Conference.
- **Hai, A. H.** & Franklin, C. (2019, October). An evaluation of Working on What Works (WOWW): A solution focused intervention for schools. Poster presentation at the 2019 Council on Social Work Education 65th Annual Program Meeting, Denver, CO.
- Panisch, L. S., & **Hai, A. H.** (2019, January). The effectiveness of using neurofeedback in the treatment of post-traumatic stress disorder: A systematic review. Poster presentation at the 2019 Society for Social Work Research Annual Conference, San Francisco, CA.
- **Hai, A. H.** (2018, November). The effectiveness of spiritual/religious interventions for substance use: A systematic review and meta-analysis of randomized controlled trials. Poster presentation at the 2018 American Medical Education and Research in Substance Abuse (AMERSA) Conference, San Francisco, CA.

- **Hai, A. H.** (2018, November). Are there gender, racial, or religious denominational differences in religiosity's effect on alcohol use and binge drinking among youth in the U.S.? A propensity score weighting approach. Poster presentation at the 2018 AMERSA Conference, San Francisco, CA.
- Cho, Y. J., **Hai, A. H.,** & Jang, Y. (2018, November). The impact of perceived discrimination on mental distress in older Asian Americans. Poster presentation at the Gerontological Society of America (GSA) 2018 Annual Scientific Meeting, Boston, MA.
- **Hai, A. H.** (2018, February). Gender differences in the relationships among young adults' religiosity, risk perception, and marijuana use: A moderated mediation model. Poster presentation at the 2018 Texas Research Society on Alcoholism Conference, Austin, TX.
- Cho, Y. J., **Hai, A. H.,** & Jang Y. (2018, February). Perceived discrimination and mental distress in Asian Americans. Poster presented at the 2018 St. David's Center for Health Promotion and Disease Prevention Research in Underserved Populations (CHPR) Conference, Austin, TX.
- **Hai, A. H.** (2018, January). Gender differences in the relationships among young adults' religiosity, risk perception, and marijuana use: A moderated mediation model. Poster presentation at the 2018 Society for Social Work Research Annual Conference, Washington, DC.
- Bo, A. & **Hai, A. H.** (2018, January). Family-based interventions on adolescent alcohol use outcomes: A systematic review and meta-analysis. Poster presentation at the 2018 Society for Social Work Research Annual Conference, Washington, DC.
- Hernandez, M., Barrio, C., Gaona, L., Fernandez, P. H., **Hai, A. H.,** & Lim, C. (2018, January). Hope and schizophrenia within the Latino family context. Poster presentation at the 2018 Society for Social Work Research Annual Conference, Washington, DC.

#### **Guest Lectures**

- **Hai, A. H.** (2021, October). Cultural humility and cultural adaptation in addiction care. Invited lecture for Social Work Practice with Individuals and Families (BSW Course). The University of Texas at Austin, Steve Hicks School of Social Work, Austin, TX (Online)
- **Hai, A. H.,** Kruger, E., & Lee, C. S. (2021, August). Cultural Adaptations of Substance Use Treatment. Invited panel discussion for All of Us Lunch and Learn. Tulane University, School of Medicine, New Orleans, LA (Online)
- **Hai, A. H.** (2021, February). The use of theories in health disparity and addiction research. Invited lecture for Theories of Social Work Research (PhD Course). Boston College, School of Social Work, Chestnut Hill, MA (Online)

- **Hai, A. H.** (2020, April). Systematic review and meta-analysis. Invited lecture for Research Methods (BSW Course). The University of Texas at Austin, Steve Hicks School of Social Work, Austin, TX
- **Hai, A. H.** (2019, September). Risk of bias assessment for systematic reviews. Invited lecture for Colloquium on Social Work Research (Ph.D. Seminar). The University of Texas at Austin, Steve Hicks School of Social Work, Austin, TX
- **Hai, A. H.** & Bo, A. (2018, October). Cognitive behavioral theories: Research and application. Invited lecture for Theories of Social Work Practice (Ph.D. Course). The University of Texas at Austin, Steve Hicks School of Social Work, Austin, TX.
- **Hai, A. H.** (2018, September). Data management for systematic meta-analysis. Invited lecture for Colloquium on Social Work Research (Ph.D. Seminar). The University of Texas at Austin, Steve Hicks School of Social Work, Austin, TX.
- **Hai, A. H.** (2017, October). Termination and evaluation. Invited lecture for Generalist Social Work Practice (BSW Course). The University of Texas at Austin, Steve Hicks School of Social Work, Austin, TX.
- **Hai, A. H.** (2017, September). Systematic reviews: From conception to publication. Invited lecture for Colloquium on Social Work Research (Ph.D. Seminar). The University of Texas at Austin, Steve Hicks School of Social Work, Austin, TX.

#### **AWARDS**

2020	The University of Texas at Austin, Graduate School Professional Development Award (\$900)
2020	Hogg Foundation for Mental Health Frances Fowler Wallace Fellowship Award (\$3,000)
2019	Waggoner Center for Alcohol & Addiction Research  Travel Award (\$1,750)
2019 - 2020	The University of Texas at Austin, Graduate School  University Graduate Continuing Fellowship (\$44,000)
2019	The University of Texas at Austin, Graduate School  Office of Graduate Studies Summer Fellowship (\$8,400)
2019	Texas Research Society on Alcoholism (TRSA) <i>Travel Award</i> (\$300)

2018	Association for Multidisciplinary Education and Research in Substance Use and Addiction (AMERSA)  *Travel Award (\$500)
2018 - 2019	The University of Texas at Austin, Graduate School  Darren Zeller Memorial Endowed Fellowship (\$3,500)
2018 - 2019	The University of Texas at Austin, Graduate School Professional Development Award ( <u>\$600</u> )
2018	The University of Texas at Austin, Graduate School  Office of Graduate Studies Summer Fellowship (\$8,800)
2017 - 2018	The University of Texas at Austin, Steve Hicks School of Social Work Louis E. DeMoll Endowed Presidential Scholarship ( <u>\$2,500</u> )
2017 - 2018	The University of Texas at Austin, Steve Hicks School of Social Work Stella Churchill Mullins Endowed Presidential Scholarship (\$3,500)
2017 - 2018	The University of Texas at Austin, Graduate School Professional Development Award (\$350)
2016 - 2017	The University of Texas at Austin, Steve Hicks School of Social Work Michael R. Daley Endowed Presidential Scholarship (\$\frac{\$3,500}{}\)
2013 - 2014	University of Southern California, Suzanne Dworak-Peck School of Social Work Dean's Scholarship (\$20,000)
2012 - 2013	University of Southern California, Suzanne Dworak-Peck School of Social Work Dean's Scholarship (\$20,000)

# RESEARCH SUPPORT

May 2020-	Project Director
May 2021	R01AA028507, Agency: NIH /NIAAA (Total Direct Cost: \$3,899,000)
•	"Addressing Alcohol Use Related Health Disparities: A Hybrid Effectiveness
	Implementation Study of a Culturally Adapted MI for Latinx Alcohol and Drug
	Users"
	Objectives are to conduct a clinical effectiveness trial of culturally adapted
	motivational interviewing to reduce alcohol and drug misuse in a primary care setting
	with Latinxs and to conduct a concurrent process evaluation of implementation.

May 2020- **Project Director** 

May 2021 R01AA0254845, Agency: NIH /NIAAA (Total Direct Cost: \$2,240,106)

"Mechanisms of Behavior Change in a Cultural Adaption of Motivational Interviewing"

Objectives are to: (1) Test established mechanisms of change in a new population, heavy drinking Latinx, and (2) Test novel mechanisms of change unique to the theoretically-based adaptation of motivational interviewing.

Oct. 2018- Principal Investigator

Mar. 2020 Bruce Jones Award (\$6,500)

"The efficacy of Two Way Prayer Meditation for people in recovery from substance use disorders: A randomized controlled trial"

- Designed a randomized controlled trial protocol
- Conducted ongoing recruitment of study participants by building connections with various substance use treatment programs in the community
- Implemented and oversaw the trial at four substance use treatment programs

Aug. 2018- Co-Principal Investigator

Aug. 2019 The University of Texas at Austin Research Fund (\$6,000)

"The effectiveness of mindfulness-based interventions for primary and secondary school students"

- Designed a single-case experimental study protocol to examine the effectiveness of a mindfulness-based intervention (MindUP) in improving students' classroom behaviors
- Wrote and submitted study protocol to the university IRB and the Austin Independent School District (AISD)
- Trained a team of undergraduate/graduate research assistants to conduct behavioral observation of 14 fifth-grade students
- Conducted intervention implementation fidelity assessment
- Led and trained a team of doctoral and master's students in conducting a metaanalysis to identify effective components of mindfulness-based interventions for the physical, socio-emotional, cognitive, academic, and behavioral outcomes among primary and secondary school students

Sep. 2017- Co-Investigator

Oct. 2019 Okura Mental Health Foundation (\$7,000)

"Solution-focused brief therapy for Asian American youths' school mental health: A comparative systematic review and meta-analysis between U.S. and Asia literature"

PI: Dr. Anao Zhang, School of Social Work, University of Michigan

- Participated in designing the study protocol and data extraction form
- Screened 894 candidate Chinese studies to determine eligibility to be included in the review

Conducted data extraction/coding of 13 Chinese studies included in the review

Sep. 2016- Research Scientist

Dec. 2016 National Institute of Mental Health (\$40,000)

"The role of protective factors on outcomes for Latinos with schizophrenia: Hope and schizophrenia within the Latino family context"

PI: Dr. Mercedes Hernandez, Steve Hicks School of Social Work, The University of Texas at Austin

- Searched for and summarized information on theories related to hope, culturally sensitive interventions, and caregiving for people with serious mental illness
- Conducted thematic analysis of data from in-depth interviews with people with schizophrenia and their families

#### OTHER RESEARCH EXPERIENCE

July 2018- *Co-Investigator* 

Sep. 2019 The University of Texas at Austin & University of Denver

"Effective elements of solution-focused brief therapy (SFBT): A systematic review and meta-analysis"

PI: Dr. Cynthia Franklin, Steve Hicks School of Social Work, The University of Texas at Austin; Co-PI: Dr. Johnny Kim, Graduate School of Social Work, University of Denver

• Designed the study protocol and data extraction form

Led a team of graduate research assistants to conduct study screening and data extraction

Nov. 2018- Principal Investigator

April 2019

Health Behavior Research and Training Institute, The University of Texas at Austin "The efficacy of technology-based interventions for alcohol and illicit drug use among women of childbearing age: A systematic review and meta-analysis"

- Designed the review protocol according to the Cochrane guideline
- Trained an undergraduate research assistant in data collection
- Conducted risk of bias assessment and analysis of publication bias
- Conducted meta-analysis and moderator analysis using robust variance estimation for meta-regression

Nov. 2017- *Co-Investigator* 

May 2018 Silver School of Social Work, New York University

"Parent-based interventions on adolescent alcohol use outcomes: A systematic review and meta-analysis"

PI: Ai Bo, Co-PI: James Jaccard, Silver School of Social Work, New York University

• Conducted systematic screening and coding using Cochrane standards

Conducted analyses of study quality and risk of bias

# Sep. 2017- Research Assistant for Dr. Cynthia Franklin

Feb. 2019 Steve Hicks School of Social Work, The University of Texas at Austin

"Working on What Works (WOWW): A solution focused intervention for schools"

• Conducted quantitative analysis of data from a randomized controlled trial using hierarchical linear modeling

# Sep. 2016- Co-Investigator

June 2018 Steve Hicks School of Social Work, The University of Texas at Austin

"A survey of social work practitioners' educational needs in developing spiritual competency in grief and end-of-life care"

PI: Dr. Elizabeth Pomeroy, Steve Hicks School of Social Work, The University of Texas at Austin

- Wrote and submitted IRB protocol and supporting documents
- Designed a survey questionnaire to examine social work practitioners' competency in spirituality, grief, and end-of-life care and conducted a focus group with seven hospice social workers to refine the survey questionnaire
- Conducted an online survey using Qualtrics Survey Tool
- Analyzed data from 437 survey respondents

# Aug. 2016- Research Assistant for Dr. Elizabeth Pomeroy

May 2017 Steve Hicks School of Social Work, The University of Texas at Austin

- Assisted in editing a textbook on evidence-based social work practice skills
- Developed chapter quizzes for a textbook
- Conducted literature reviews on various topics including spirituality in social work, loss and grief, end-of-life care, and social work education

#### **CLASS TAUGHT**

Tulane University School of Social Work

2021 Fall Human Behavior and Social Environment I (MSW course)

Steve Hicks School of Social Work, The University of Texas at Austin

2019 Spring Social Work Practice with Groups (BSW course)

#### CLINICAL EXPERIENCE

### All Care Hospice, Glendale, CA

#### **Medical Social Worker**

May 2014 - August 2016

- Conducted comprehensive initial psychosocial and bereavement assessments
- Provided patient/family support, including anticipatory grief counseling, crisis intervention, education on death and dying
- Provided connections to community resources, assistance with health care insurance, nursing home placement, and funeral planning
- Performed ongoing reassessments of patient/family needs
- Participated in interdisciplinary team (IDT) meetings to establish, review and revise the plan of care for each patient
- Provided follow-up phone calls, visits and mailings to bereaved caregivers and families
- Maintained accurate and thorough documentation

# Cortines High School, Los Angeles, CA

# **Social Work Intern**

September 2013 - May 2014

- Provided individual counseling to high school students from different ethnic and cultural backgrounds, including Chinese, Filipino, Hispanic, African-American, and White, to address a variety of issues, such as substance abuse, child abuse, depression, anxiety, anger management, identity exploration, social skills, suicide, crisis resolution, and conduct problems
- Co-facilitated a 10-week Cognitive Behavioral Intervention for Trauma in Schools (CBITS) therapy group
- Worked with parents and families on parenting skills, family conflict, and trauma during individual parent meetings, psycho-educational group meetings, and family sessions
- Linked families to community services and resources
- Collaborated with interdisciplinary teams, specifically, Student Study Team (SST),
   Individualized Education Program (IEP), and School Attendance Review Board (SARB) meetings

# Union Avenue Elementary, Los Angeles, CA

# **Social Work Intern**

September 2013 - May 2014

- Provided individual counseling to elementary students
- Facilitated a 10-week grief group
- Linked families to community services and resources
- Conducted home visits to support families of students with attendance issues
- Assisted in coordinating school-wide assemblies in order to increase attendance

### Golden Age Village, Monterey Park, CA

### **Social Work Intern**

September 2012 - June 2013

- Provided individual and family counseling to Chinese immigrant seniors facing a variety of challenges, such as depression, anxiety, grief and loss, lack of family or social support, language barriers, and major life and health concerns
- Performed ongoing bio-psycho-social assessment of clients' and families' needs and provided service planning according to their changing needs
- Designed and co-facilitated an eight-week grief support group to help older adults cope with grief deriving from loss of family members, homeland, and health
- Provided case management leading to utilization of healthcare, financial aid, housing, disabled support services, and transportation services and other resources
- Mediated conflicts between clients and agency management
- Coordinated community education program and cultural/social events to promote older adults' physical and psychological well-being
- Assisted older adults to more effectively work with other community agencies and professionals (e.g., doctors, home caregivers, Adult Day Center social workers)

#### PROFESSIONAL AFFILIATIONS

Member, Society of Social Work and Research	2016 – Present
Member, Council on Social Work Education	2016 – Present
Member, National Hispanic Science Network	2020 – Present

### **COMMUNITY & UNIVERSITY SERVICE**

Poster session/award organizer, 2022 National Hispanic Science Network Conference	2022
Program Director, Mentors for Emotional and Educational Thriving Program	2017 - 2019
Team Member, UT Austin Youth Substance Misuse & Addiction Pop-Up Institute	2018

#### SERVICE TO THE PROFESSION

<b>Peer Review</b>	
2022	Clinical Psychology Review
2020-2022	Early Career Reviewer Program, Journal of the Society for Social Work and Research
2021	Drug and Alcohol Dependence
2021	The American Journal of Drug and Alcohol Abuse
2020	Substance Abuse
2020	The American Journal of Drug and Alcohol Abuse
2020	Drug and Alcohol Dependence
2019	The Social Science Journal
2019	Journal for the Scientific Study of Religion

2019	European Psychiatry
2019	Anxiety, Stress & Coping
2019	Death Studies
2018	Cogent Psychology
2018	The American Journal of Drug and Alcohol Abuse