

TSSW Faculty Publish Book on Indigenous Health and Wellness

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Dr. Catherine McKinley and Dr. Charles Figley

Dr. Catherine McKinley and Dr. Charles Figley of TSSW have authored *Indigenous Health Equity and Wellness* along with Dr. Michael Spencer and Dr. Karina Walters of University of Washington School of Social Work.

The book focuses on promoting access to healthcare and addressing health disparities among Indigenous peoples of the United States and associated Territories in the Pacific Islands and Caribbean. It provides an overview of the current state of healthcare across social, physical, and mental health domains to provide a

preliminary understanding of the state of Indigenous healthcare access.

Part 1 of the book traces the promotive, protective, and risk factors related to Indigenous health. Part 2 reports promising pathways to achieving unbiased healthcare quality and access through the description of interventions that address and promote wellness related to key outcomes.

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