

DSW student publishes memoir on life as a social worker

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Simone Muschett displays her two previous books, "Cultivating A Resilient Mind: A Guide To Fighting Trauma In A Post Pandemic Society" and "Diary of a 1st Year Teacher: What they don't teach you in graduate school."

Tulane School of Social Work [Doctor of Social Work \(DSW\)](#) candidate Simone Muschett will soon publish her third book, *The Ultimate Social Worker's Diary: A Journey of Resilience, Faith, and Obedience*. This powerful coming-of-age memoir offers an honest and raw account of personal growth, resilience, and faith.

In this deeply personal narrative, Muschett invites readers to witness her journey through some of life's most challenging moments: abuse, financial hardship, and struggles with self-esteem. Yet, the heart of the story lies in how Muschett chooses to face these conflicts—not with the conventional tools of the world, but through the lens of her faith. Readers will laugh, cry, and ultimately be inspired as they follow Muschett's journey, discovering how faith can lead one through the darkest times to a place of healing, growth, and empowerment.

Muschett shares her experience with vulnerability and courage, explaining her motivation to write the book: "I am extremely proud to have found the courage to share my experience. After taking Policy at Tulane, I was made aware of the great injustice and unfair treatment social workers endure as a profession in various settings. Yet, despite being the profession that advocates for the marginalized, we rarely advocate for ourselves. The professors and course work challenged me to be the change I want to see, by first raising awareness through my own testimony. My story has the power to make a difference. A lesson learned from the Tulane faculty that will stay with me forever!"

Muschett's work is an inspiring example of how one individual can use their story to create positive change and raise awareness about issues that impact the social work profession. Her other books, *Cultivating A Resilient Mind: A Guide To Fighting Trauma In A Post Pandemic Society* and *Diary of a 1st Year Teacher: What they don't teach you in graduate school* have provided guidance and support to educators and traumatized people for nearly half a decade.

The Ultimate Social Worker's Diary will be available for purchase starting February 11 at Trilogy Christian Publishing, as well as on major platforms like Barnes & Noble, Walmart, and Amazon.