

Dr. Melanie “JaeHee” Chung-Sherman, DSW, LCSW-S, CEDS, PLLC.

Pronouns: She/Her/여자 (yeoja)

214-302-5572 office/vm/fax

counsel@mescounsel.com

Licensed Clinical Social Worker & Supervisor

Mental Health Therapist/Clinical Social Worker/Educator

Individual, Family & Group Counseling

BHEC Licensed Clinical Social Worker & Supervisor

Certified Eating Disorder Specialist (CEDS) through IAEDP™

Licenses:

Licensed Clinical Social Worker/Supervisor (#40481), BHEC Texas

Licensed Clinical Social Worker (#17087), Louisiana State Board of Social Workers

Licensed Child Placing Agency Administrator--Emeritus (#D03658A), TXDFPS

Clinician with over 20+ years of experience in working with diverse populations who experience eating disorders, substance use, mood disorders, psychosis, and acute mental health comorbidities in hospital, outpatient, and private practice settings. Specializing in QTBIPOC & historically marginalized populations. Dedicated to inclusive therapeutic interventions such as interpersonal neurodevelopmental trauma, attachment, & social justice.

Education

University of Alabama, School of Social Work

Doctor of Social Work, Clinical

Graduation Conferred December 2023

Social Work, Honors

University of Texas at Arlington, School of Social Work

Master of Science in Social Work, August 2004

Phi Alpha Omega, Social Work Honors Society

Texas Wesleyan University

Bachelor of Fine Arts, May 1999

Alpha Psi Omega, President

Theatre Arts Honors Society

Certifications & Advanced Trainings

- CEDS Practitioner, IAEDP (International Association of Eating Disorder Professionals©), December 2021 to current
- CISM (Critical Incident Stress Management) for First Responders Trained, July 2018
- Certified Theraplay® Practitioner, October 2017

Melanie Chung-Sherman, DSW, LCSW-S, CEDS, PLLC.

Updated May 2024

- Circle of Security® Parent Trainer, February 2017
- EMDR® Therapist through EMDRIA, April 2016
- Adult Attachment Interview Institute under Drs. Erik Hesse, Ph.D. and Mary Main, Ph.D., University of California at Berkeley, Jan. 2015
- Gottman® Marriage Clinic, Level-One, October 2013
- *Additional CEU's upon request dating back to 2004*

Publications

Chung-Sherman, M. (2024). *Transracial Adoption and Colonialism, as Collective Narcissism in the Counseling Room. Studies in Social Justice. In peer review*

Kim, J.R. & Chung-Sherman, M. (2024). *Adoption Critiques. Encyclopedia of Social Work. University Press. In peer-review.*

Friedlander, F. & Chung-Sherman, M. (2017). The Voice of the Adoptee. In Buckwalter, K. D., & Reed, D. (Eds.), *Attachment theory in action: Building connections between children and parents.* Rowman & Littlefield.

Professional Memberships

National Association of Social Workers	2004 – Current
EMDRIA (EMDR International Association)	2018—Current
IAEDP ©	2021 – Current
The Theraplay® Institute	2013 – Current
World Professional Association of Transgender Health/WPATH	2023—Current
ASDAH	2023—Current

Professional History

Director, Post Graduate Clinical Social Work Fellowship Program **June 2022- Current**
Psychotherapist/BHECClinical Social Worker-Supervisor
University of Texas Southwestern Medical Center, Psychiatry Education
 Multispecialty Psychiatry Outpatient Clinic
 Eating Disorder Multidisciplinary Treatment Team
 UTSW Psychology and Psychiatry Training Committee

Dallas, Texas

- *Develop, implement, and lead first clinical social work fellowship serving pediatric, adult, geriatric, and family systems between UT Southwestern Medical Center, Dallas Children's Medical Center, and Parkland Hospital under TMHCC Grant to enhance mental health provision.*

- *Serve a diverse patient population, most of whom are referred from within the UT Southwestern hospital and clinic system that includes the William P. Clements Jr., University Hospital, Zale Lipshy University Hospital, and partners with other major teaching hospitals in the Southwestern Medical District, including Children's Health, Children's Medical Center Dallas and Parkland Health and Hospital Systems.*
- *Provide both general and specialized individual and group behavioral health treatment to a wide variety of patients—particularly eating disorder treatment and intervention.*
- *Work collaboratively with a multidisciplinary team that includes Neuropsychiatry, Social Work, Psychotherapists, Case Managers, General Psychiatry, APPs, and community mental health.*
- *Reference and utilize evidence-based therapies to treat a variety of diagnoses including depression, anxiety, OCD, eating disorders, insomnia, pain, traumatic brain injury, and complications of medical comorbidities.*
- *Supervise and train MSW social work and psychology interns, and psychiatry residents, and participation in the overall academic mission of the department.*

Psychotherapist, Private Practice

Nov.2011-Current

Dallas/Fort Worth area

Founder and Owner

- *Provide long-term individual and family-based therapy for transracially adopted people, women of color, LGBTQIA+, non-binary, and marginalized individuals impacted by complex identity-based stress and trauma*
- *Intervene and provide essential mental health support when crisis arises such as hospitalization and referral assistance for a higher level of care*
- *Provide group and individual outpatient therapy to child, teen, and adult clients utilizing Theraplay ©, EMDR, play-based therapy, Cognitive Behavioral Therapy (CBT), psychoeducation, and AEDP psychotherapy.*
- *Responsible for annual budgetary review and licensure for practice*
- *Provide clinical supervision for licensed social workers seeking their LMSW and LCSW.*
- *Provide court-subpoenaed documentation and testimony.*
- *Established practice as a Texas CE provider for LMFT, LPC, and social workers.*
- *Scored, administered, and analyzed clinical psychosocial-behavioral assessments, including Child Behavior Checklist (CBCL), Caregiver/Teacher Report Form (CTRF), and Adult Attachment Interview (AAI).*
- *Developed documentation, policy, and procedural guidelines in accordance to DFPS, DHS, NASW Code of Ethics, and state and federal laws.*
- *Created and implemented marketing, legal forms, and development infrastructure*
- *Consultant for professionals seeking adoption-specific intervention and treatment*
- *Developed webinars (online) and in-person psychoeducation on multiple clinical topics*
- *National and state-wide speaker/trainer/writer on attachment, trauma, neurodevelopment, cultural competency, and adoption-related issues*

Tulane University

Jan. 2023 – Current

New Orleans, Louisiana

Adjunct Professor, MSW Field Liaison Professor

Adjunct Professor, MSW Graduate Program

- *Lecture (asynchronous and synchronous) MSW Field Practicum and MSW HBSE class for Tulane social work students enrolled nationally and assigned to active ASWB field placements*

- *Networked with social work professionals, researchers, and academics to provide constructive evaluation curriculum, syllabus, and pedagogy*
- *Provided general academic advisement related to the social work profession*
- *Assessed all Tulane University social work students enrolled in class per semester under CSWE, ASWB, and NASW Code of Ethics*

University of Alabama

Aug. 2022- Dec. 2023

Tuscaloosa, Alabama

BSW and DSW Adjunct Professor

- *Lecture (asynchronous and synchronous) for BSW and DSW students*
- *Networked with social work professionals, researchers, and academics to provide constructive evaluation curriculum, syllabus, and pedagogy*
- *Provided general academic advisement related to the social work profession*
- *Assessed all UA students enrolled in class per semester under CSWE, ASWB, and NASW Code of Ethics*

Eating Recovery Center

September 2021 – February 2022

Clinical Manager, South Virtual IOP Eating Disorder Adult Program

- *Supervise 4-5 licensed clinicians within Texas, Oklahoma, and Louisiana as assigned*
- *Assign and monitor high acute clinical caseloads ranging from 30-38 clients per week*
- *Assess, diagnose, and implement an eating disorder recovery-based treatment plan per client (AN, BN, ARFID, BED, OSFED)*
- *Train and on-board new clinicians within the VIOP platform*
- *Assist regional management with additional job duties such as interviewing, coverage, and supervision, and training*
- *Manage step-ups, emergency interventions, and a higher level of care referral transitions with clinicians and clients assigned to caseload*
- *Provide weekly clinical individual and group supervision per week*
- *Provide rotating on-call clinical supervision after-hours to all supervisees as well as national virtual ERC team members*
- *Facilitate weekly individual, group, and family therapy sessions for clients and family systems impacted by eating disorders in addition to clinical supervision*
- *Complete clinical licensure process and ensure supervisees begin licensure process in various states*
- *Audit supervisee clinical charting, continuing education, and files weekly following Joint Commission, state regulations, and ERC policies*
- *Provide ongoing virtual clinical supervision for social workers obtaining clinical licensure by Texas regulations*
- *Create and implement virtual continuing education training for virtual staff and leadership*

University of Texas at Dallas

March 2019 – August 2021

Mental Health Professional, Student Counseling Center

Sexual Assault/IPV Coordinator

Member, Eating Disorder Consult Team

SCC Title IX and ATEC (Arts & Technology Department) Liaison

Tri-Chair, DSJEC Committee (Diversity, Social Justice, Equity, and Inclusion)

Member, Gender & Sexuality Consult Team

Member, Culture of Equity Presentation Team, Gender Galerstein Center

- *Facilitate individual, group, and couple's mental health assessment for student population referred to the clinic.*
- *Serve on a multidisciplinary team for APA-accredited psychological intern trainee selection committee*
- *Co-facilitated psychotherapy process groups and identity-based support groups for campus body such as Healthy Relationships, Interpersonal Development, and Asian Experiences groups*
- *Supervise practicum therapists and psychology interns on a multidisciplinary team, provide ongoing clinical evaluation in accordance with APA, NASW, and ACA standards and HHS regulations, and consult*
- *Point clinician and consultant for students who endorsed sexual assault, sexual harassment, stalking, and interpersonal violence.*
- *Respond and intervene to an emergent crisis such as imminent suicidality, homicidality, active psychosis, substance use, acute eating disorders, campus-related sexual assault, and self-harm risk, including higher level of care referral, psychiatric hospitalization, and SANE evaluation referral/consult*
- *Developed interdepartmental relationships with Title IX university administrators to streamline mental health resources and support for students*
- *Refer clients for psychiatric evaluations, campus partners, and community resources*
- *Provide group and individual outpatient solution-focused, brief therapy for the student population utilizing Emotional-Focused Brief Therapy, Solution-Focused Therapy, Cognitive Behavioral Therapy (CBT), EMDR, psycho-education, and DBT psychotherapy.*
- *Create and facilitate professional training for staff, practicum therapists, and psychology interns*
- *Scored, administered, and analyzed clinical psychosocial-behavioral assessments related to mental health stabilization.*
- *Provide clinical liaison services such as training, advocacy, and interdepartmental meetings between the counseling center and student body, faculty, and staff related to mental health awareness.*
- *Create and co-facilitate groups related to the diverse needs of the university population*

Collin College

Plano, Texas

Adjunct Professor, Social Work

Jan. 2011-December 2018

- *Developed online OAP-approved Introduction to Social Work curriculum for college*
- *Developed and updated all in-class CSWE-approved Introduction to Social Work and Social Welfare Policy lectures and assessments for all Collin College students*
- *Networked with social work professionals, researchers, and academics to provide constructive evaluation curriculum, syllabus, and pedagogy*
- *Provided general academic advisement related to the social work profession*
- *Lectured, supported, and assessed all Collin College students enrolled in class per semester*

Counseling Works

Dallas, Texas

Clinical Director, Post Adoption Services

May 2014-June 2017

- *Clinically supervised up to 15 licensed clinicians and interns providing post-adoption-based intervention and treatment services*
- *Interviewed, hired, and trained 15 contract licensed clinicians and mental health interns*
- *Evaluated annual 360 professional assessments for all licensed clinicians in post-adoption program*
- *Provided ongoing training opportunities (internal and external) for licensed clinicians and contractors*
- *Created curriculum and directed processing groups for adoptive families and adoptees (ages 5+ years), serving over 100 families and children annually*
- *Developed and updated policies and procedures related to clinical administration in adherence to federal, state, and agency regulations and statutes*
- *Collaborated with area clinical directors specializing in child welfare and family mental health*
- *Presented quarterly metrics related to caseload, crisis work, and therapist contact hours for the Board of Directors and Executive Director*
- *Advised and provided consultation with multi-disciplinary departments related to policy and procedure per DFPS regulations, DHS, RCCL, and federal laws.*
- *Provided ongoing psychotherapy diagnosis, consult, treatment, and intervention for over 150 family systems.*
- *Monitored and reported fiscal budget for post-adoption services annually*
- *Assisted in marketing and outreach with community partners for additional support, referral, and funding for post-adoption services*
- *Secured over \$55K in billable, direct practice post-adopt services program for the non-profit agency annually*

Kornerstone Adoption & Foster Care (DFPS)

May 2009 – Jan. 2012

Arlington, Texas

Program/Clinical Director

- *Supervised, evaluated, and trained case managers who specialized in foster home management and support services for a DFPS-non-profit child placing agency that managed over 200 foster care beds in the Dallas/Fort Worth area (Region 3).*
- *Provided and supervised 24/7 on-call crisis schedule and emergency placement rotation system for the agency*
- *Collaborated with regional directors within DFPS, court systems, mental health, and agencies to build rapport and referral supports*
- *Developed and implemented various agency policies and protocols in response to DFPS, DHS, RCCL regulations, advocacy centers, state and national child welfare laws*
- *Monitor, analyze, and supervise all level of care (LOC) submissions per child in care through YFT, DPFS, and RCCL*
- *Provide staff supervision and support for court hearings, legal documentation, ad litem consultation, and case management.*
- *Provide and oversee court-subpoenaed documentation and testimony.*
- *Supervised all emergency foster care placements (including primary medical needs placements), transfers, respite, and ongoing services to ensure the needs of foster children and families were maintained.*
- *Networked and collaborated with community, agency partners, and stakeholders to better meet the needs of children placed, foster families, and service provision.*
- *Procure and formulate DFPS contract bids.*
- *Monitored and reported fiscal budget for the child-placing department*

- *Created, trained, and updated ongoing PRIDE, PMAB, transracial/multicultural training, and CPR training for staff, licensed foster homes, and prospective adoptive families.*
- *Provided home study evaluation and assessment in-home and in-office for prospective foster and adoptive families.*

****Additional work history available upon request****

Social Justice & Community Mental Health Volunteer Work

- DSW Writer's Award to Advance Social Work and Social Justice, The University of Alabama, Tuscaloosa School of Social Work, May 2023
 - DSW Student Representative, DSW Committee, The University of Alabama, Tuscaloosa School of Social Work, 2022-2023
 - Institute of Adoption and Trauma, LLC., Co-Founder, Dallas, Texas, 2021 to current
 - Region 3 State Representative, NASW-TX Board of Directors, 2019-2022
 - NASW-TX Steering Committee, NASW-TX, 2019-2020
 - Diversity Committee Member, University of Texas at Dallas, 2019-2021
 - Diversity Analysis Committee, Founding Chair, NASW-TX, 2019-2022
 - NASW REAL (Race, Equity, Accountability, and Leadership) Committee Member, 2019-2021
 - I AM Adoptee, NYC, NY, Contributing Author, and Mental Health Consultant, 2019-2022
 - Agape Outreach, Refugee Mental Health PRN provider, 2019
 - Texas Medical Reserves, Mental Health, September 2017 to 2019
 - Red Cross, Disaster Mental Health Volunteer, August 2017
-

Group Facilitation

- *ACT (Acceptance Commitment Therapy) & Distress Tolerance: Eating Recovery Center*
 - *Skills and Processing Group: DBT/ACT & Eating Disorders, Eating Recover Center*
 - *Asian Experiences & Mental Health, University of Texas at Dallas Student Counseling Center*
 - *Healthy Relationships Processing Groups, University of Texas at Dallas Student Counseling Center*
 - *Personal Growth Groups (PGG) Processing Group, University of Texas at Dallas Student Counseling Center*
 - *Asian Experiences Support Group, University of Texas at Dallas Student Counseling Center*
 - *Breaking Model Minority Support Group, University of Texas at Dallas Student Counseling Center*
 - *Post-Election Processing Group, University of Texas at Dallas Student Counseling Center*
 - *Comet-Chat Drop In Consultations, University of Texas at Dallas Student Counseling Center*
 - *Arts and Expression Process Group, University of Texas at Dallas Student Counseling Center*
 - *Adoptive Parent Support Group, CounselingWorks, Dallas, Texas*
-

Presentations/Conferences

Melanie Chung-Sherman, DSW, LCSW-S, CEDS, PLLC.
Updated May 2024

International

- Presenter, *Eating Disorders, Adoption, and Marginalized Communities, Parts One and Two*, The Theraplay Institute, Chicago, IL, October 2022.
- Presenter, *Racial Trauma, Transracial Placement, and Play-Based Integration*, Theraplay Level II Training, Theraplay Institute, Chicago, IL, 2021
- Level One, Theraplay Training, Chicago, IL, 2018
- Co-presenter, *Rehoming: The Private Transfer of Adopted Children in the USA with Practice, Policy, and Research Implications* (Co-presenters Rowena Fong, Ph.D., Nancy Rowland, Ph.D., & Amy L. Curtis, LPC), Auckland, New Zealand (2016)
- Featured in "Unwanted in America: Rehoming" Dan Rather Documentary, 2014
- Co-Presenter, *Triad members in the Adoption Profession: Considerations and Conflicts* (Co-presenter, Kevin Vollmers), (2006) KAAAN Conference: Seoul, Korea
- Co-Presenter, *Adult Adoptee Long-Term Outcomes and International Adoption*, (2004), Ehwa Women's University: Seoul, Korea

National

- Keynote facilitator, *Diversity and Inclusion Considerations: DSW Moving Forward*, National DSW Conference, Tuscaloosa, AL, March 2023
- *Beyond the DSW: Implications within the Academy* (Co-presenter Andre Ford, LMSW), National DSW Conference, Tuscaloosa, AL, March 2023
- *Eating Disorders and the Transracial Adoption Community*, In Their Voices: Adult Adoptee Conference, November 2021
- Panelist, API and Mental Health: Stop Asian Hate, NASW-National, Washington D.C., online May 2021
- Panelist, *Race, Trauma, and Mental Health Provision*, ATTACH (Association for Training on Trauma and Attachment) & The Hogg Foundation, The University of Texas at Austin, March 2021
- Keynote Speaker, *Transracial Adoption and COVID-19*, Catalyst Vietnam Camp, New York, 2020
- Keynote Speaker, *Suicidality & Marginalized Communities*, Catalyst Vietnam Camp, Albany, NY, 2019
- Presenter, *Race and Adoption Intersects: Considerations in Placement*, AAC, Washington, D.C., 2019
- Presenter, *Race and the Counseling Room*, Buckner Children and Family Services, Dallas, TX, 2019
- Presenter, *Transracial Identity and Adoptee Development*, Connect-a-Kid, Webinar Series, 2018
- Presenter, *Trauma, Attachment, and Identity*, Capital University, Columbus, Ohio, 2018
- Co-Presenter, *Suicidality and Marginalized Populations*, NASW-TX, Arlington, TX, 2018
- Presenter, *Objects of Appropriation in the Counseling Room*, KAAAN, Minneapolis, MN, 2018
- Co-Presenter, *Suicidality and Korean Adoptees*, KAAAN, Minneapolis, MN, 2018
- Presenter, *Suicidality and Unique Populations*, Capitol University, 2018

State

- Panelist, Family System and Structures, Dallas Children's Medical Center, July 2023
- Keynote workshop presenter, *Multidimensional Self-Advocacy: Deconstructing Colonialism*, National Association of Asian American Professionals, Dallas, Texas, October 2022

- Lead presenter, *IPV (Interpersonal Violence), Eating Disorders, and Marginalized Communities*, Eating Recovery Center, December 2021
- Lead presenter, *API: Breaking Model Minority*, NASW-TX, May 2021
- Lead Presenter, *Transracial Adoption, COVID-19, and Mental Health Impacts*, Hope Cottage, Oct. 2020
- Panelist, *Clinical Impacts on Children Separated at the Border*, UT Austin School of Law, February 2019
- Lead Presenter, *Suicidality and Unique Populations*, NASW-TX Conference, Oct. 2018
- Lead Presenter, *Attachment & Trauma through an Adoption Lens*,” Adoption Advocates, Austin, Texas (May 2017)

University Counseling Training and Workshops

- *Eating Disorder Training: Marginalized Populations and ED*, University of Texas Southwestern Medical Center, Paul Bass Outpatient Clinic, February 2023
- *Decolonizing Mental Health & Liberating QTBIPOC Voices*, Keynote Speaker, Texas Woman’s University BIPOC Women’s Conference, April 2022
- *API Mental Health: Breaking Model Minority*, UTD SCC Diversity Forum, June 2021
- *Sexual Assault and Marginalized Communities*, co-facilitate with Alexandra Amersdorfer, M.A., University of Texas at Dallas, “Communita” with the Galerstein Gender Center, April 2021
- *AAPI (Asian American, Asian, Pacific Islander) and Mental Health Considerations*, co-facilitate with Dr. Clare Zhao, Ph.D., University of Texas at Dallas, 2020
- *Stress Management and Coping*, University of Texas at Dallas, 2020
- *Social Justice Fatigue and Mental Health Workshop*, University of Texas at Dallas, 2020
- *Domestic Violence, Intersectionality, and Intervention*, University of Texas at Dallas, 2020 with the Galerstein Gender Center
- *Neurodiversity and the Classroom*, co-facilitated with Dr. Alanna Carrasco-Drummond, Psy.D., University of Texas at Dallas ATEC Staff and Faculty, 2020
- *COVID-19, Identity, and Mental Health*, University of Texas at Dallas, 2020
- *Sexual Assault and Bystander Awareness*, University of Texas at Dallas Student Counseling Center, 2020
- *Professional Development after Internship Panel*, University of Texas of Dallas, 2020
- *Isolation and Loneliness on College Campuses*, University of Texas at Dallas, 2020
- *Suicidality, Crisis Intervention, and Marginalized Student Populations*, University of Texas at Dallas Student Counseling Center, 2020
- *Sexual Violence and Campus Communities*, Collin College, 2020
- *Intersection of Race, Mental Health, and College Athletes*, co-facilitated with Dr. Kimberly Burdine, Ph.D., University of Texas at Dallas Athletics Program, 2019

Additional trainings prior to 2015 upon request

References

Will Francis, LMSW (he/him)

Executive Director, NASW-TX & NASW-LA
(512) 589-9117

wfrancis.naswtx@socialworkers.org

Dr. Curtis Davis, LMSW, Ph.D. (he/him)

Assistant Professor
University of Alabama, Tuscaloosa School of Social Work
cdavis@ua.edu

Dr. Kipp Pietrantonio, Ph.D. (he/him)

Assistant Professor, Psychiatry
University of Texas Southwestern Medical Center
(214) 645-8500

Kipp.pietrantonio@utsouthwestern.edu

Dr. Kimberly Burdine, Ph.D. (she/hers)

Licensed Psychologist
Associate Clinical Professor of Counseling Psychology
Texas Woman's University

Kburdine1@twu.edu

Dr. Amy Curtis, LPC-S, Ph.D. (she/her)

Senior Director of Counseling Services
Buckner Children and Family Services
(214) 758-8000

acurtis@buckner.org

Katy Perkins, LCSW-S (she/her)

Licensed Clinical Social Worker and Supervisor
(972) 895-8376

Director@katyperkins.com