

MYLISCHA SMITH-LEWIS, DSW, MSW, LCSW-BACS

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EDUCATION

Tulane University School of Social Work, New Orleans, Louisiana

Doctor of Social Work, December 2021

Tulane University School of Social Work, New Orleans, Louisiana

Master's Degree in Social Work, December 2001

Loyola University, New Orleans, Louisiana

Bachelor of Arts Degree in Psychology, May 2000

LICENSURES

Board Approved Clinical Supervisor (BACS)

2008 - Louisiana License Number 7502

Licensed Clinical Social Worker (LCSW)

2005 - Louisiana License Number 7502

TEACHING EXPERIENCE

Adjunct Professor

Tulane University School of Social Work, New Orleans, LA

April 2022 – December 2023 – (in-person)

Courses: Psychopathology and the DSM-5; Treatment of Depression and Anxiety

Guest Lecturer

Troy University School of Social Work, Troy, Alabama

February 2022 & September 2020 – (virtual)

Topic: Behavioral Health in the Primary Care Setting

Course: Social Work in the Health Care Setting

Guest Lecturer

Southern University of New Orleans School of Social Work, New Orleans, LA

September 2018 – (in-person)

Topic: Integrated Behavioral Health: Assessments and Treatment Planning

Course: Direct Practice Health

Field Education Supervisor

2010 – 2017 Southern University of New Orleans School of Social Work, New Orleans, LA

2005 – 2009 Louisiana State University School of Social Work and Department of Psychology, Baton Rouge, LA

2002 – 2005 Tulane University School of Social Work, New Orleans, LA

Supervised social work and psychology students at field placement sites. Provided students with on-site training and education on assessment, treatment planning, interventions, and ethics for direct practice with individuals, families, groups, and communities. Assisted students with goal-setting. Provided written reports to field instructors on student's progress.

PUBLICATION EXPERIENCE

Guest Reviewer, November 2019, Journal of Evidence-Based Social Work

PROFESSIONAL PRESENTATIONS

Metropolitan Human Services District, New Orleans, LA, July 2024

Topic: Understanding and Addressing Behavioral Health Disorders in Court

National Employee Assistance Program Association – Louisiana Chapter, New Orleans, LA, October 2022

Topic: The Impact of Adverse Childhood Experiences on Adult Health Outcomes: A Critical Examination and Next Steps

American Public Health Association Annual Conference, Denver, CO, October 2021

Topic: Chronic Pain Among African American Women: A Systematic Review Examining the Social, Behavioral, and Health Determinants of Pain Intensity. Poster Presentation

Louisiana Primary Care Association 34th Annual Conference, Lake Charles, LA, October 2017

Topic: Cognitive Behavioral Therapy for the Treatment of Chronic Pain

New Orleans Recreation Development Commission, New Orleans, LA, August 2016

Topic: Signs and Symptoms of Stress, and Effective Ways to Cope

LEADERSHIP EXPERIENCE

Director of Training and Fidelity

Metropolitan Human Services District, New Orleans, Louisiana

January 2023 – Present

- Oversees, directs, trains and coaches MHSD and community organization staff on group observations, quality assurance processes/procedures, and completing all necessary forms for fidelity purposes.
- Responsible for training, implementing, and coaching program staff on behavior management systems and evidence-based practices.
- Oversees the Mental Health First Aid trainings provided in the community.
- Assists with the evaluation of training materials in response to manager requests, audit reviews, contract changes to ensure that training materials are aligned with evidence-based practices and support contractual obligations.
- Assists with developing quality assurance assessment tools used to measure program fidelity at various programs.
- Assists with reviewing and developing evidence-based practice policies and procedures needed to align programming with evidence-based practices.
- Assists with creating fidelity surveys to measure ongoing program sustainability.
- Works in partnership with Quality Data Management Division to develop intermediate outcomes and monitor trends for program effectiveness.

CLINICAL EXPERIENCE

Chief Clinical Consultant/Psychotherapist

Mindful by Design, LLC, New Orleans, Louisiana

June 2013 – Present

- Provide individual, couples, and family psychotherapy with adults in a private office setting.

- Conduct evaluations, diagnosis, treatment planning, and therapeutic interventions surrounding issues of mood and anxiety disorders, trauma, life transitions, grief, and relationship problems.
- Consult with other healthcare providers regarding client's plan of treatment.

Behavioral Health Clinician

EXCELth Primary Healthcare, New Orleans, Louisiana

April 2009 – November 2021

- Developed and implemented Behavioral Health Program at EXCELth Family Health Center - Gentilly location, integrating behavioral health services into the primary care healthcare setting.
- Implemented policies and procedures in accordance with professional standards of practice.
- Lead psychotherapist for Behavioral Health Program serving children, adolescents, and adults.
- Conducted evaluations, diagnosis, treatment planning, and evidence-based interventions with individuals, families, and groups in an outpatient health center setting.
- Consulted with primary care physicians, other medical specialists, and social service providers regarding complex patient care.
- Provided crisis intervention services by facilitating emergency psychiatric evaluations, psychiatric hospital admission, and respite care placement.
- Conducted urgent care behavioral health services to promote cost-effective healthcare outcomes by mitigating the need for inpatient hospitalization when possible.
- Facilitated Quality Improvement Program requirements through tracking internal and external referrals, monitoring administration of the Patient Health Questionnaire-9 to all behavioral health patients, and participating in program evaluation.
- Marketing activities to promote the growth and sustainability of the Behavioral Health Program.
- Recruited and supervised social work interns.

Clinical Social Worker

Eastern Louisiana Mental Health System – Spring House Residential Facility, Greenwell Springs, LA

November 2005 – March 2009

- Conducted evaluations, diagnosis, treatment planning, and evidence-based interventions in a residential treatment setting with adolescent females.
- Provided individual, family, and group psychotherapy with residents and their families.
- Managed crisis intervention services with residents and facilitated psychiatric hospitalization as needed.
- Provided case management services through collaboration with the Department of Child and Family Services, the court system, the school system, and community agencies.
- Coordinated discharge plans and aftercare referrals with the Department of Child and Family Services, community mental health agencies, and families.
- Led quarterly case conferences with multidisciplinary treatment team.
- Recruited and supervised social work and psychology interns.

Clinical Social Worker

New Orleans Adolescent Hospital – Children's Unit/Transitional Program, New Orleans, Louisiana

December 2002 – November 2005

- Provided individual, family, and group psychotherapy to patients on the Children's Unit and intensive outpatient Transitional Program.
- Conducted evaluations, diagnosis, treatment planning, and evidence-based interventions with patients and their families.
- Provided crisis intervention services with patients in the hospital and community setting.
- Facilitated psychotherapy group for parents of juvenile sex offenders.
- Led case conferences with multidisciplinary treatment team.
- Coordinated and implemented discharge plans and aftercare referrals for patients and their families to ensure patient continuity of care.
- Recruited and supervised social work interns.

Mental Health Professional

Alternate Choices, Inc. – Mental Health Rehabilitation, Metairie, Louisiana

March 2002 – December 2002

- Provided individual and family psychotherapy in the home setting with complex, high-risk children, adolescents, and adults.
- Performed evaluations, diagnosis, treatment planning, and evidence-based interventions.
- Facilitated psychotherapy group for adolescent males.
- Conducted classroom observations of patients.
- Supervised staff of Mental Health Specialists.
- Led monthly medication management meetings with psychiatrist and patients.

Social Work Intern – Masters level

Family Service of Greater New Orleans, New Orleans, Louisiana

January 2001 – December 2001

- Performed evaluations, diagnosis, treatment planning, and evidence-based interventions under the supervision of a licensed clinical social worker.
- Provided individual, family, and group psychotherapy in an outpatient setting.
- Co-facilitated a psychotherapy group of female trauma survivors.
- Screened incoming clients for referral to individual and/or group psychotherapy.
- Facilitated case conferences with treatment team.

ADVANCED TRAININGS

Advanced Problem Gambling Training, Metropolitan Human Services District, June 2024

EMDR and Somatic Therapy, Kase and Co. Training and Consulting, November 2023

Problem Gambling 30-Hour Training, Metropolitan Human Services District, New Orleans, LA, April – May 2023

Grant Writing, Tulane University, New Orleans, LA, June – August 2021

Community-Based Participatory Research, Tulane University, New Orleans, LA, June – August 2021

Teletherapy: Fundamentals of Practice, New Orleans, LA, April 2021

Advanced Trauma Training, The Body Keeps the Score: Trauma Healing with Bessel van der Kolk, MD, Virtual, February 2021

Pedagogy and Curriculum Development, Tulane University, New Orleans, LA, September – November 2020

Qualitative Research Methods, Tulane University, New Orleans, LA, June – August 2020

Program Evaluation, Tulane University, New Orleans, LA, June – August 2020

Quantitative Research Methods, Tulane University, New Orleans, LA, January – April 2020

Policy Analysis, Tulane University, New Orleans, LA, January – April 2020

Clinical Trauma Professional Intensive Training, New Orleans, LA, September 2018

Partners in Policymaking, Baton Rouge, LA, January 2017 – June 2017

6-month national leadership training program in disability policy, advocacy, and law. Developed skills to effectively advocate for individuals with developmental disabilities to influence public policy at all levels of government.

Financing Behavioral Health Services in the Healthcare Setting, New Orleans, LA, July 2016

Screening, Brief Intervention and Referral to Treatment (SBIRT), New Orleans, LA, May 2015 and September 2016

Eye Movement Desensitization and Reprocessing (EMDR) Therapy Advanced Training, Breaking the Cycle: A Comprehensive EMDR Therapy Approach to Problem Behaviors, New Orleans, LA, May 2015

EMDR Therapy Annual Conference, Denver, Colorado, September 2014

EMDR Therapy Advanced Training, Healing the Wounds of Attachment and Rebuilding Self, New Orleans, LA, April 2014

EMDR Therapy Basic Training Course, New Orleans, LA, Part 1 completed, December 2011 and Part 2 completed, April 2012

Motivational Interviewing, New Orleans, LA, January 2011

Applied Suicide Intervention Skills Training, New Orleans, LA, December 2010

PROFESSIONAL ORGANIZATIONS

Council on Social Work Education, Member since 2021

American Public Health Association, Member since 2021

Society for Social Work and Research, Member since 2021

Eye Movement Desensitization and Reprocessing (EMDR) International Association, Member since 2012

National Association of Social Workers – Louisiana Chapter, Member since 2009

National Health Service Corp, Affiliate since 2009