



For Coalition Partners/Supporters:

The pandemic has caused a mental health crisis in children. If you are a parent and notice warning signs that your child may not be well, seek help. You are not alone.

To read more on the pandemic and the mental health crisis in children go to:
https://khn.org/news/article/childrens-hospitals-grapple-with-wave-of-mental-illness/?fbclid=IwAR2y60_L-vpVWk75KBIF5wqzDqnAvkEV9vWwtkWMIS06TD9KCoNYWAz3Pb8

To listen an NPR article on the pandemic and mental health crisis in children go to:
<https://www.npr.org/sections/health-shots/2021/01/18/953581851/ive-tried-everything-pandemic-has-cut-options-for-kids-with-mental-illness>

RESOURCES FOR PARENTS:

NAMI:

https://www.nami.org/Your-Journey/Family-Members-and-Caregivers/Learning-to-Help-Your-Child-and-Your-Family?fbclid=IwAR31HIFlr1_KjAG2BHOTcwYN84HSdmnM8QgHMIY-T2Cd5_RdfjjJ1-NXow

The National Parent Helpline:

The National Parent Helpline® is here for you and is open to parents and caregivers of children and youth of all ages.

1-855- 4A PARENT (1-855-427-2736)

HOURS OF OPERATION:

Monday through Friday

10:00 AM PST to 7:00 PM PST

National Federation of Families:

<https://www.ffcmh.org/resources-websitelinks>

Children's Hospital New Orleans:

<https://www.chnola.org/our.../the-parenting-center/NAMI>