

**Curriculum Vitae  
Richard D. Ager**

**I. CONTACT INFORMATION**

Associate Professor, Tulane University  
School of Social Work  
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**II. EDUCATION**

Ph.D., Social Work & Psychology, University of Michigan, May, 1991.  
M.S.W., Clinical Practice, University of Michigan, May, 1980.  
B.A., Psychology, University of Michigan, May, 1975.

**III. ACADEMIC POSITIONS**

Associate Professor, Tulane University School of Social Work, July, 1999 to present  
Assistant Professor, Tulane University School of Social Work, 1993-1999

**IV. PROFESSIONAL RESPONSIBILITIES**

Editorial Boards: Editorial Staff for The American Journal of Drug and Alcohol Abuse  
(2009-12)

Ad Hoc Reviewer: Traumatology, Research on Social Work Practice (2009-10)

Ad Hoc Reviewer: Journal of Interpersonal Violence (2017-Present)

Grant and Research Reviewer: NIMH, 2007-8

**V. PROFESSIONAL CREDENTIALS**

**Affiliations**

NASW since 1978

APA since 1987

**VI. PROFESSIONAL CONTRIBUTIONS**

**1) Publications and Presentations:**

**a. Refereed Journal Articles**

- Ager, R. D., Yoshioka, M. R., & Adams, K. B. (2020). Unilateral Spouse Therapy to reach the treatment-resistant alcohol abusing partner: A randomized controlled trial. *Research on Social Work Practice*. <https://doi.org/10.1177/1049731520931171>
- Beasley, C. C., & Ager, R. (2019). Emotionally Focused Couples Therapy: A systematic review of its effectiveness over the past 19 years. *Journal of Evidence-Based Social Work*, 16(2), 144–159. <https://doi.org/10.1080/23761407.2018.1563013>
- Ager, R. D. (2018). A qualitative study of intimate partner violence from the perpetrator's perspective. *Journal of Interpersonal Violence*. <https://doi.org/10.1177/0886260518815142>
- Ager, R. D. (2017). A qualitative study of intimate partner violence from a Cognitive-Behavioral perspective. *Journal of Interpersonal Violence*, 1-30 <https://doi.org/10.1177/0886260517719902>.
- Ager, R. D. (2012). The Learning Activities Questionnaire: A tool to enhance teaching. *Journal of Social Work Education*, 48(1), 127-138.
- Wood, A. R., Ager, R. D., & Wood, R. J. (2011). Motivational Interviewing: A qualitative examination of factors impacting adoption and implementation in a community-wide setting. *Journal of Social Work Practice in the Addictions*, 11(4), 336-351.
- Ager, R. D., Roahen-Harrison, S., Toriello, P. J. Kissinger, P. Morse, P. Morse, E. V., Carney L. Rice, J., & (2011). Predictors of adopting Motivational Enhancement Therapy. *Research on Social Work Practice*, 21 (1), 65-76.
- Ager, R. D. (2008). Denial of hurricane risks: Reflections of an addictions researcher. *Traumatology*, 14 (4), 48-54.
- Ager, R. D., Parquet, R., & Kreutziger, S. (2008). The Youth Video Project: An innovative program for substance abuse prevention. *Journal of Social Work Practice in the Addictions*, 8 (3), 303-321.
- Ager, R. D., & Parquet, R. (2008). Public housing residents making their courtyard safe from drugs. *Journal of Social Work Practice in the Addictions*, 8 (1), 95-115.
- Ager, R. D. (2006). Critical variables for infusing community content into a clinical program: An empirical study. *Journal of Community Practice*, 13 (3), 91-106.
- Ager, R. D., Roahen-Harrison, S. Toriello, P. J. Morse, P. Morse, E. V., Carney L. Rice, J., & Kissinger, P. (2005). A study on the effectiveness of a brief Motivational Enhancement Therapy training. *Journal of Addictive Diseases*, 24 (Suppl. 1), 15-31.
- Toriello, P. J., Roahen-Harrison, S., Rice, J., Ager, R., Morse, E. V., Morse, P., Carney, L., &

- Kissinger, P. J. (2005). The relationship between substance abuse counselors' clinical orientations and their readiness to change counseling techniques. *Journal of Addictive Diseases*, 24 (Suppl. 1), 75-92.
- Kreutziger, S. S., Ager, R. D., Lewis, J. S., & England, S. (2001). Settlements revisited: The new neighborhood ideal. *Journal of Community Practice*, 9,(2), 49-70.
- Kreutziger, S. S., Ager, R. D., Harrell, E., & Wright, J. (1999). The Campus Affiliates Program: A case study in response to "The university's responsibilities in troubled times". *American Behavior Scientist*, 42, 827-839.
- Thomas, E. J., Yoshioka, M. R., & Ager, R. D. (1996). Spouse enabling of alcohol abuse: Conception, assessment and modification. *Journal of Substance Abuse*. 8, 61-80.
- Yoshioka, M. R., Thomas, E. J. & Ager, R. D. (1992). Nagging and other drinking control efforts of spouses of uncooperative alcohol abusers: Assessment and modification. *Journal of Substance Abuse*, 4, 309-318.
- Thomas, E. J., & Ager, R. D. (1991). Treatment mediation and the spouse as treatment mediator. *American Journal of Family Therapy*, 19(4), 315-326.
- Thomas, E. J., Adams, K. B., Yoshioka, M. R., & Ager, R. D. (1990). Unilateral relationship enhancement in the treatment of spouses of uncooperative alcohol abusers. *American Journal of Family Therapy*, 18(4), 334-344.

#### **b. Published Refereed Abstracts**

- Thomas, E. J., & Ager, R. D. (1993). Characteristics of unmotivated alcohol abusers and their spouses [Abstract]. *Alcoholism: Clinical & Experimental Research*, 17, 493.
- Thomas, E. J., Yoshioka, M. R., Ager, R. D., & Adams, K. B. (1990). Reaching the uncooperative alcohol abuser through a cooperative spouse. [Abstract]. *Alcoholism: Clinical & Experimental Research*, 14, 237.

#### **c. Chapters**

- Ager, R. D., & Thomas, E. J. (2001). The Spouse Treatment Mediation Inventory(STMI). In J. Touliatos, B. F. Perlmutter, & G. W. Holden (Eds.), *Handbook of family measurement techniques. Volumes 2 & 3* (2nd Ed.). Thousand Oaks, CA: Sage.
- Thomas, E. J., Yoshioka, M. R., & Ager, R. D. (2001). The Spouse Enabling Inventory(SEI). In J. Touliatos, B. F. Perlmutter, & G. W. Holden (Eds.), *Handbook of family measurement techniques. Volumes 2 & 3* (2nd Ed.). Thousand Oaks, CA: Sage.
- Yoshioka, M. R., Thomas, E. J., & Ager, R. D. (2001). The Spouse Sobriety Influence

Inventory(SSII). In J. Touliatos, B. F. Perlmutter, & G. W. Holden (Eds.), *Handbook of family measurement techniques. Volumes 2 & 3* (2nd Ed.). Thousand Oaks, CA: Sage.

Ager, R. D., & Thomas, E. J. (1994). The Spouse Treatment Mediation Inventory(STMI). In J. Fischer & K. Corcoran (Eds.), *Measures for clinical practice*. (2nd Ed.). New York: The Free Press.

Thomas, E. J., Ager, R. D., & Yoshioka, M. R. (1994). The Life Distress Inventory(LDI). In J. Fischer & K. Corcoran (Eds.), *Measures for clinical practice*. (2nd Ed.). New York: The Free Press.

Thomas, E. J., Yoshioka, M. R., & Ager, R. D. (1994). The Spouse Sobriety Influence Inventory (SSII). In J. Fischer & K. Corcoran (Eds.), *Measures for clinical practice*. (2nd Ed.). New York: The Free Press.

Thomas, E. J., Yoshioka, M. R., & Ager, R. D. (1994). The Spouse Enabling Inventory(SEI). In J. Fischer & K. Corcoran (Eds.), *Measures for clinical practice*. (2<sup>nd</sup> Ed.). New York: The Free Press.

Thomas, E. J., & Ager, R. D. (1993). Unilateral family therapy with spouses of uncooperative alcohol abusers. In T. J. O'Farrell(Ed.), *Treating alcohol problems: Marital and family interventions*. New York: Guilford Press.

**d. Non-refereed Publications**

Thomas, E. J., Ager, R. D., & Yoshioka, M. R. (November, 1996). Measuring Spouse Sobriety Influence. *Issues of Substance, 1*, 6-7.

**VIII. RECENT (since 2008) GRANT PROPOSALS**

Dates	Title and Role	Funding Source	Amount
9/15 – 9/16	Mindfulness Training Intervention for TSSW Students (PI)	TSSW	\$7,000
9/15 – 9/16	Student Mindfulness Training Study (PI)	TSSW	Not Funded
8/12 – 8/13	A Certificate Program in Family Practice for Master’s of Social Work Students: PI	Board of Regents Support Fund	Requested \$80,800 Received \$0
3/10/10 – 3/10/11	Questionnaire for	Dean’s Incentive	Requested

	Evidence-Based Practice with Violent Couples PI	Fund	\$7,500 Received: \$7,500
5/10	Improving Health Outcomes: Increasing Adherence to Physician Recommendations for Chronic Condition Care Regimes via Message Framing PI	COR (Provost fund)	Requested \$10,000 Received \$0
11/1/06 – 12/31/08	A Questionnaire for Evidence-Based Practice with Violent Couples. Role: PI	Research Enhancement Fund (Tulane Univ)	Requested: \$25K Received: \$22.5K

## IX. CURRENT BRIEF DESCRIPTION OF TEACHING AND RESEARCH INTERESTS

### A. Research Interests:

1. Family Practice; Interests focus on treatment outcome research along with training community service providers in state-of-the-art evidence-based practice methods.
2. Addictions: Interests focus on treatment outcome research.
3. Intimate partner violence: Interests focus on developing new methods to assess and treat those demonstrating this problem.
4. Mindfulness: Examining the educational impact of training students in mindfulness practices. Carried out mindfulness training for students volunteering to participate. Approximately 20 students took part in this training program. The training program was also evaluated, following IRB approval, and I am currently concluding the intervention facet of the program.

### B. Recent Teaching Assignments:

- SW 7310 (Introduction to Direct Social Work Practice)
- SW 7320 (Direct Practice Methods II)
- SW 7360 (Contemporary Practice with Couples and Families)
- SW 7440 Capstone
- SW 7220 Human Behavior and the Social Environment II.
- SW Independent Study

### C. Supervising DSW Journal Publication

- Candice Beasley; Title of journal article: “Emotionally Focus Couples Therapy: A meta-analysis of it’s effectiveness over the past 19 years” (Completion date: August, 2019).
- Ngawang Legshe; Title of proposed journal article: “The Effect of Mindfulness-Based Compassion Therapy on Pain and Mood Among Breast Cancer Survivors: AB Research Design
- Jennifer Lee; Title of proposed journal article: “Qualitative study of factors contributing to long-term recovery for alcohol abusing women”