

Kate Phillips Lufkin, MSW, DSW, LCSW-BACS

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Personal Profile

- ◆ Enthusiastic, wellness focused mental health provider with ability to direct programs, manage staff, empower clients, teach groups and individuals and lead by example
- ◆ Continuing desire to further my skills and gain more experience in a variety of areas and use that knowledge to improve my ability to deliver services in a holistic manner
- ◆ Provider/Advocate of the year for Medical Legal Partnership, 2009, MA League of Community Health Centers “who’s who” 2012, United Methodist Scholar

Education

Tulane University, New Orleans, LA
Doctorate in Social Work, May 2017
Masters in Social Work, May 2006

Drew University, Madison, NJ
Bachelor of Arts, May 2002
Psychology (major) and Spanish (minor)

Experience

Ochsner Baptist Hospital, Functional Restoration Program, New Orleans, LA

Clinical Counselor/Researcher

03/2017-present

- ◆ Provide cognitive behavioral therapy for chronic pain to participants in the Functional Restoration Program (FRP)
- ◆ Lecture on nutrition, wellness and chronic pain care to participants in the Functional Restoration Program
- ◆ Conduct research on all outcomes for program
- ◆ Point person for IRB approval
- ◆ Engage in business development activities to expand FRP
- ◆ Supervise Master’s level Social Work interns

Tulane University School of Social Work, New Orleans, LA

Adjunct Professor

08/2017-present

- ◆ Teach Tools III (Data management and statistics)
- ◆ Teach Tools II (Program Evaluation)
- ◆ Teach Tools I (Research Methods)
- ◆ Teach Field Seminar; Field liaison for 13 students
- ◆ Faculty advisor for 2 Doctoral level student researchers

Fleet and Family Support Center, NAS JRB New Orleans, LA

Clinical Counselor

12/2014-03/2017

- ◆ Provide clinical counseling to service members and their families

- ♦ Take FAP (child and domestic abuse) reports, work with victims and families and other collaborating agencies to ensure safety and comply with military standards
- ♦ Participate in fleet readiness activities on base with installation command
- ♦ Provide trainings to base commands and officers on child abuse, domestic violence, effective communication and problem solving

South Boston Community Health Center, South Boston, MA

Director of Social Services and Social Worker

12/2006 – 8/2014

- ♦ Directed all social work and mental health support services within health center
- ♦ Provided clinical and psychological mental health assessment and treatment for health center patients
- ♦ Initiated the establishment of the Emergency Food Pantry with the SBCHC, now endorsed by the Greater Boston Food Bank, serving over 2,800 people annually. Also a participating member of Project Bread, SAMHSA, MASBIRT grants
- ♦ Founding committee member of SBCHC Narcotics Committee, which assessed and overhauled SBCHC narcotics policies over the course of six months
- ♦ Founding member of the SBCHC Incident Command Team, which provides professional, organized, and efficient response to unexpected mental or physical health events within the center or community
- ♦ Supervised and mentored Harvard University fellow in Resource Attainment/Community Advocacy, as well as three graduate students per year in Social Work and Counseling from Suffolk University, Salem State University, Cambridge College, University of Massachusetts and Wheelock College

Wellness Corporation EAP (Now E4Health), Shrewsbury, MA

Provider Affiliate

11/2012-8/2014

- Conducted intake assessments, mental status exams or Critical Incident Stress Debriefings on clients referred
- Provided counseling services to Employee Assistance Program clients through a referral-based service
- Moderated CISD groups in for companies and schools in response to disaster, trauma, layoffs or other incidents

Harvard University School of Public Health, Department of Genetics and Complex Diseases, Cambridge, MA

Private Consultant

8/2006 – 6/2009

- ♦ Trained and supervised all new research assistants on study protocol and standard operating procedures for Collaborative Study of Head and Neck Diseases; Instructed protocol for tumor acquisition from eligible patients; assisted in phlebotomy training

NO/AIDS Task Force, New Orleans, LA

Intern and Counselor, Wellness Management (Comprehensive Risk Counseling Services)

Intern 1/2006 – 5/2006 Counselor 5/2006 – 12/2006

- ♦ Counseled recently diagnosed HIV+ individuals on living with HIV, risk reduction, and safer sex practices; Pre- and Post-test Counselor and Lab Technician
- ♦ Conducted Early Intervention Service appointments to all new clients
- ♦ Presented Wellness Management seminars as Task Force representative at several health care conferences throughout greater metropolitan area
- ♦ Active participant in condom outreach and venue-based testing in various community outreach programs
- ♦ Support grant application process by conducting extensive research on various HIV+ risk reduction interventions

Louisiana State University School of Public Health, Department of Epidemiology

Clinical Research Coordinator

1/2005 – 8/2005

- ♦ Initiated the development and implementation of Louisiana Head and Neck Disease Study; replication of Harvard Collaborative Study of Head and Neck Diseases; project involved extensive review of literature on clinical based research
- ♦ Responsible for training and supervising other researches in phlebotomy and biological sample collection

- ◆ Successfully secured IRB applications to Memorial Hospital, Charity Hospital, and University Hospital; submitted additional National Institutes of Health grant applications

Harvard University School of Public Health, Department of Genetics and Complex Diseases

Clinical Research Coordinator

10/2002 – 7/2004

- ◆ Assessed eligibility, managed recruitment, documented PHI, and collected biological samples of cancer patients for Collaborative Study of Head and Neck Diseases. Additionally, acted as study Control Coordinator; matched eligible subjects and maintained weekly control contact letters; coordinated participation completion logistics
- ◆ Clinical and administrative liaison between Principle Investigators at each study site (New England Medical Center, Boston Medical Center, and Boston Veterans Affairs Medical Center) and the Harvard University Institutional Review Board (IRB).
- ◆ Responsible for implementing IRB protocol, generating annual updates for consent forms, and adhering to continual IRB review requests

Research/Publications

- ◆ Lufkin, K. P. (2017). An exploratory study of marital and quality of life ratings among male spouses of military members. *Contemporary Family Therapy, 39*, 162.
- ◆ Peer reviewer, *Military Behavioral Health*, 3/2018-present
- ◆ Anxiety indicators among HIV- MSM who are taking PrEP, current, New Orleans, LA
- ◆ Marital and quality of life ratings among both female and male military spouses, current, New Orleans, LA
- ◆ Training package for community health workers on mental health, Mutare, Zimbabwe 2012

Professional Affiliations

- ◆ National Association of Social Workers
- ◆ Participant, U.S. Department of Defense Bone Marrow Donor program
- ◆ Member, American Red Cross Disaster Mental Health Response Team
- ◆ Member, National Health Service Corps

Speaking Engagements

- ◆ National Medical Legal Partnership Conference, 2009-2012, Alexandria, VA, Washington, D.C., San Antonio, TX
- ◆ Statewide Medical Legal Partnership Conference, 2008-2014, Worcester, MA and Boston, MA
- ◆ National Futures without Violence Conference, 2012, San Francisco, CA

Board Positions

- EPIC Advisory Board Member, 2012-2014 (www.epicleaders.org)
- Woodman Scholarship Board of Directors member, 2013-2014 (www.woodmans.com)
- Northshore Health Project Board of Directors member, 1/2014-8/2014 (www.healthproject.org)

Licenses and Certifications

- ◆ Clearview Rapid HIV Tester, Department of Public Health, Boston, 8/2011
- ◆ Licensed Clinical Social Worker-Board Approved Clinical Supervisor, Louisiana (LCSW-BACS current)
- ◆ American Red Cross Certified Disaster Mental Health Worker, 7/2006
- ◆ Certified HIV Prevention Counselor, Louisiana Office of Public Health, New Orleans, 4/2006
- ◆ Centers for Disease Control Certified HIV Rapid test Lab Technician, OraQuick and OraSure, 6/2006
- ◆ Centers for Disease Control Certified HIV Rapid Tester/Counselor, 4/2006
- ◆ Certified Phlebotomy Technician, Brigham and Women's Hospital, Boston, 10/2002